



310-278-3684

STARTERS

- Organic Green Leaf Salad** 12
lemon-shallot vinaigrette
- Caesar Salad** shaved Parmesan cheese 12
- Calamari** cocktail sauce 12
- Mini Fish Tacos** 13
- Roasted Mussels** 16
fennel, garlic, tomato & white wine
- Spicy Ahi Tuna Tartar** 17
avocado, crispy onions, crispy rice cake and balsamic-soy glaze

MAINS

- Grilled Yogurt Chicken** 19
Israeli couscous with grilled vegetables
- Market Fish**
See Chalkboard
- Grilled Carne Asada** 21
citrus marinated skirt steak, warm corn tortillas and spicy salsa
- Chicken Parmesan** 19
Panko crusted, tomato sauce & mozzarella
- Spaghettini & Clams** 18
fresh clams, white wine, garlic & lemon
- Sausage & Broccoli Pasta** 15
Our sausage, broccoli, penne pasta & tomato-roast pepper sauce

ENTREE SALADS

- Chopped Salad** 15
iceberg, tomato, provolone & red onion with chicken or Genoa salami
add both 18 sub romaine add 1
- Grilled Flank Steak Salad** 20
wild baby arugula, blue cheese, snow peas and balsamic dressing
- Mediterranean Platter** 20
chicken, humus, quinoa tabouli, mixed olives, roasted peppers, tzatziki and baked to order pita
- Nicoise Salad** 19
rare seared tuna, organic lettuces, boiled egg, green beans, roasted red pepper & olives with lemon dressing

*Please notify us of any food allergies.
Our Caesar dressing is made from raw pasteurized egg yolks.*

SNACKS

- Marinated Assorted Olives** 6
(Picholine, Kalamata & Nicoise)
- Pita Bread** baked to order with hummus 5
- Potato Chips** 6 (*these are fried*)
our buttermilk-ranch dressing
- Cheddar Bratwurst** 11
our warm pretzel & grain mustard
- Aussie Potato Wedges** 8
sweet chili sauce and sour cream

THIN CRUST PIZZA

- Fresh Mozzarella, Tomato & Basil** 13
- Mushrooms & Red Onions** 15
- Pepperoni & Crushed Chilies** 16
- Sausage, Roasted Pepper & Garlic** 17

MB&G BURGERS

- Charbroiled Cheese Burger** 15
cheddar, tomato, lettuce, pickle & onion
add bacon 3
- Slow Roasted Pork Burger** 15
cooked "Southern Style" chipotle mayo & crispy onions
- Oven Roasted Turkey Burger** 15
organic Shelton ground turkey breast, cranberry-mayo, lettuce and tomato
- Heart Healthy Vegan Burger** 14
sautéed onions with mushrooms and avocado

SIDES

- Sweet Potato Fries** 6
- Mashed Potatoes** 6
- Broccoli** *Steamed or Sautéed* 6
- Asparagus** *Chilled* with lemony-mustard sauce
or
Broiled with parmesan cheese
- Israeli couscous with grilled vegetables** 7
- Wild Rice** with pecans and golden raisins 7
- Pita Bread** baked to order with hummus 5
- Sautéed Thin Chicken Breast** 8
- Grilled Yogurt Chicken Breast** 9

\$5 HAPPY HOUR



MON-FRI 4-7PM